Surgical Hand Disinfection

Standard rub-in-method for the surgical hand disinfection according to EN 12791 - with the beginning of the shift, but at latest before putting on the Op-clothing the hands should be washed because of alcoholic hand disinfectants are not sporicidal.

1st step
Wash the hands thoroughly with a mild washing lotion. Afterwards rinse the hands thoroughly.

2nd step
Dry the hands with a disposable or sterile towel.

3rd step
Put the hand disinfectant from the dispenser into the dry, hollow hand.

4th step
Rub the disinfectant onto the hands and forearms up to the elbows during 1.5 to 3 minutes (depending on the preparation). Keep hands and forearms during this entire residence time wet.

5th step
Disinfect the hands systematically. Follow the standard rub-in-method of the hygienic hand disinfection.

6th step
Keep the hands above the elbow level. Before putting on the Op-gloves the hands must be air-dry.